

*Registrations Close 2nd October 2009*



# COOMA FOOTBALL CLUB

## SUMMER SIX-A-SIDE COMPETITION

### 2009 Rules & Regulations



*This is a fun social competition and all players & spectators are expected to conduct themselves in a friendly and sportsmanlike manner at all times.*

#### **General Rules of the Game**

Rules: All normal football rules apply except the offside rule. There is no offside so players may stand wherever they wish on the field.

Goals/Goalkeepers: The goal has a 6m semi-circle around it and the goalkeeper may pick the ball up with their hands inside this semi-circle. The goal keeper is the only player allowed to handle the ball with their hands on the field, but only inside their semi-circle. Any player may go inside the semi-circle and the goalkeeper is allowed to move anywhere on the field.

Dangerous Tackles: Slide Tackles are strictly forbidden. Sliding for the ball is fine as long as it does not involve contact with a player from the other team.

Penalties: Will be taken from the top of the semi-circle.

Free Kicks: Are all indirect (ball must be touched by 2 people before going into the goal) unless the offence occurred inside the penalty area (6m semi-circle around the goal)

Cards: Yellow and Red cards will apply, but keep in mind this is a social competition and as such these should not have to be used. All decisions on suspensions will be deliberated by the committee.

#### **Competition Rules**

Referees: Trained Referees will be provided by the club for all games where possible.

Junior Team Responsible Adult: All Junior Teams must have a Responsible Adult present at each match. The Responsible Adult must wear a yellow official's vest and supervise their team for the duration of the match.

Registration: All players must be registered for insurance reasons. Teams who are found to be playing with unregistered players will be penalised.

Attendance: If any team fails to take the field within 5 minutes of the game commencement time, they will be penalised 1 goal for every minute they are late after that. If they do not show 10 minutes after the game commencement time, a 5 nil forfeit will be awarded to the team that is present and the no-show team will also have 3 competition points subtracted.

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Forfeit: Teams may forfeit the game at least 24 hours prior to the match by notifying the competition coordinator. A 5 nil forfeit will be recorded and no competition points will be deducted.

Points: 3 points will be awarded for a win, 1 point for a draw, and 0 points for a loss.

Bonus Points: A bonus competition point will be awarded for the following:

1. Any team losing by less than 3 goals.
2. Scoring at least 3 goals in a match

Interchange: There is unlimited interchange (substitution) of players which means players may run off and on as many times as they wish. However, no player may enter the field without another player leaving the field first, and it must be done when the play is stopped, eg. After a goal, before a throw-in or free kick, etc. Interchanges must be done at the half-way line.

Open Age Competitions: The minimum age requirement to participate in the open age competitions is 14. Players must be turning 14 prior to the end of the six-a-side season to be eligible for registration in an open age team. Any player under the age of 14 who wishes to play in an open team must have a consent letter from their parent/guardian outlining their reasons for applying for special consideration. This is in accordance with Capital Football regulations.

Mixed Competition: In a mixed competition there may not be more than 4 males on the field at once. Unlimited females are allowed to take the field. If a female plays in goals they are considered a male player (ie. only 3 male players are allowed to take the field in that situation). Indirect free kicks may be awarded at the referee's discretion if a male player kicks the ball too hard in the direction of a female player. Excessively aggressive play towards a female will also be penalised at the discretion of the referee. Normal game rules apply to female goal keepers.

Masters Competition: Masters is restricted to players over the age of 40. Teams wishing to register a player under the age of 40 must apply to the committee for special consideration.

Number of Players / Borrowed Players: Teams must take the field with at least 3 registered players, or a forfeit will be awarded. If teams are short of registered players they may use 1 player from another team but that player must play as goal keeper. The name of the borrowed player must be noted on the match card and teams may not borrow the same player more than 4 times in the season. Any team breaching this rule will be deducted 3 points for every infringement.

Playing in more than 1 Team: Players may only play in 2 competitions and they may not play in 2 divisions of the same competition. For example a male player could play in a Mens team and a Mixed team, but not in Div A and Div B of the Mens Comp.

Shin Pads & Boots: All players are required by the laws of the game to wear covered shin pads on the field. Any player not doing so will be asked to leave by the referee and will not be allowed back on the field until shin pads are being worn. Football boots are recommended but not essential. All players using screw-in studs must have them filed down to the satisfaction of the referee so no sharp corners protrude. Absolutely no steel studs are allowed.

Shirts: Each team must nominate a team colour and wear that colour to each game. Where there is a clash the away team will be supplied with bibs.

Jewellery: All jewellery must be removed prior to taking the field. This includes (but is not limited to) bracelets, watches, rings, earrings, etc. Players not complying with this requirement will be removed from the field and will not be allowed back on until stoppage of play (ie. normal interchange).

Balls: Size 4 balls will be used for the Junior Competitions (Under 10's & Under 12's). Size 5 balls will be used for all the Open Competitions.

For more information:

[www.coomafc.org.au/sixaside](http://www.coomafc.org.au/sixaside)